

31st March, 2012

Confidence Building / Booster Trg. Workshop on “Reaching to Top through CAN DO Outlook”

In this cut-to-throat competitive and highly turbulent era, at times, ignoring the potentials within, the students are fearful and scared of facing life & career situations and performing at optimum levels.

Realizing this training need, our **HR Faculty Member & Internal Trainer Mr. Mehul G. Thakkar** conducted a **Full Day Confidence Building / Booster Training Workshop on “Reaching to Top through CAN Do Outlook”** for the PG students of various institutes of NAU, Navsari with a clear objective of boosting their confidence level and making them feel that they can do it.



This hitherto workshop got to a flying start with the motivating welcome speech of **our visionary Dean – Dr. B. K. Dhaduk**, who requested the participants to come out of their comfort zones and take maximum benefit of such initiatives. **The Guest of Honor – Dr. N. L. Patel – the Principal of ACHF, NAU, Navsari** also inspired the participants with insights from his college days and urged the students to develop leadership skills and become a better professional.

Then, **the Chief Guest – Honorable VC of NAU – Dr. A. R. Pathak Sir** set the rhythm of the workshop with inspiring address to the august gathering. He appreciated the initiative of our HR Faculty Member, but aptly remarked to spread wide scale awareness about such initiatives for the benefit of large number of students. He also clarified that soft skill development has been the need of the hour and he will always be there to support such initiatives.



Then, the students of MBA (ABM), prepared by the trainer himself, also presented an excellent Role Playing / Small Skit to demonstrate the high felt need of soft skills in this era.



After the enlightening inaugural ceremony coordinated by MBA (ABM) students Mr. Punit Chore & Ms. Kadambari Dalal, the State, National & International Awards Winner Trainer - Mr. Mehul G. Thakkar took charge of the proceedings.



He shared that self empowerment is the best form of empowerment; and positive thinking and attitude is an extremely critical element as it allows only those thoughts and feelings into the mind that encourage growth, success and well-being. Through a stimulating presentation, various psychological games and powerful motivational videos, he assisted the participants to accept themselves as they are and help explore the tremendous potentials within, and to believe that “THEY CAN”. Throughout the day, he focused on stimulating their thought process and overcoming the traditional beliefs that actually prevent fast track growth. Through various psychological games, he made the participants realize that if they want to achieve something, they will have to step forward.

In the concluding remarks, **Dr. B. K. Dhaduk, the Dean of AABMI**, inspired the participants through his powerful positive affirmations and awarded the “**Certificate of Participation**” to all.



At the end of the day at 6:00 pm, all the participants certainly felt a wave of empowerment and decided to maintain CAN DO outlook. This highly interactive Training Workshop helped the participants to focus on developing positive self image - developing the intrapersonal and interpersonal intelligence; that will facilitate the development of an appropriate attitudinal framework for professional success. The success of the workshop can be gauged from the fact that all the 52 PG students – the participants from various institutes requested to organize such training programme more often and honored the trainer with a ‘standing ovation’.

It was note worthy that the whole inaugural ceremony of the workshop was successfully managed / coordinated by the MBA (ABM) students, which was appreciated by all.